

View results

Respondent

32

Anonymous

11474:14

Time to complete

1. School Name *

Butler Academy

2. Wellness Contact Name & Email *

Carlie Lewis - clewis@butleracademy.us

Wellness Policy Components

District Wellness Committee/ Coordinated District Health Advisory Council

3. Policy Leadership *

	Fully in Place	Partially in Place	Not in Place
1. The designated officer for ensuring district compliance with the wellness policy and oversight is identified. (PO-3)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
1a. Each school has a designated wellness leader.*	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
1b. Each school wellness leader monitors implementation of the wellness policy and reports compliance to the district wellness leader.*	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Statement 4	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

4. Describe Actions Taken for Implementation (include supports and challenges) *

School President appointed wellness leader who is also the school leader because we are a one school SFA.

5. Data Source for Monitoring *

Alliance for Healthier Generation district report completed and action plan items in place.
Committee meeting minutes kept on the school's shared drive.

6. Public Involvement *

	Fully in Place	Partially in Place	Not in Place
2. Meets at least once per year to establish district wellness goals for, and to oversee, school health and safety policies and programs including development, implementation, and periodic review and update of the wellness policy.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
3a. To the extent possible, committee includes representatives of Parents/Legal Guardians (PO-3)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
3b. To the extent possible, committee includes representatives of	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

Fully in Place

Partially in Place

Not in Place

Students (PO-3)

3c. To the extent possible, committee includes representatives of District Nutrition Services (PO-3)



3d. To the extent possible, committee includes representatives of Physical Education Teachers (PO-3)



3e. To the extent possible, committee includes representatives of School Health Professionals (PO-3)



3f. To the extent possible, committee includes representatives of Local



	Fully in Place	Partially in Place	Not in Place
School Board (PO-3)			
3g. To the extent possible, committee includes representatives of School Administrators (PO-3)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
3h. To the extent possible, committee includes representatives of General Public/Community Members	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

7. Describe Actions Taken for Implementation (include supports and challenges) *

All meeting dates and times were established and given to all committee members including recommended representatives. Found difficulty in getting full committee participation.

8. Data Source for Monitoring *

Committee meeting minutes stored on a shared drive.

Wellness Policy Components

Food and Beverage Availability

9. School Meals *

	Fully in Place	Partially in Place	Not in Place
4. Pre-K to fifth graders will be provided a minimum of 20 minutes to consume lunch after they have received their food. (NS-11)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

10. Describe Actions Taken for Implementation (include supports and challenges) *

School leadership developed schedule to ensure time allotments are in compliance with a minimum of 20 minutes to eat.

11. Data Source for Monitoring *

School schedule

12. Foods Sold Outside of School Meals Program(Competitive Foods and Beverages) *

	Fully in Place	Partially in Place	Partially in Place	Not Applicable
5. Foods and beverages sold outside of the school meal programs(e.g. , "competitive foods and beverages) will meet the USDA Smart Snacks in School nutrition standards. (SS-1, SS-2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
5a. The following venues currently comply with Smart Snacks requirements during the school day: School Stores, Vending Machines, Concessions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
5b. Although the State allows exempt fundraisers, the district does not	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

Fully in
Place

Partially in
Place

Partially in
Place

Not
Applicable

allow exempt
fundraisers.*

6. Standards
established
for foods
provided but
not sold(e.g.,
class parties,
class snacks),
during the
school day
on school
campuses.
(SS-4)



13. Describe Actions Taken for Implementation (include supports and challenges)

Wellness leader orders school approved snacks that are distributed to students throughout the day. We do not sell smart snacks or have any fundraisers that involve food.

14. Data Source for Monitoring

We have documentation of weekly snack orders

15. Food and Beverage Marketing *

	Fully in Place	Partially in Place	Not in Place	Not Applicable
7. Any foods and beverages marketed or promoted to students on school campuses during the school day meet or exceed the USDA Smart Snacks in School nutrition standards. (PO-3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

16. Describe Actions Taken for Implementation (include supports and challenges)

N/A

Wellness Policy Components

District Goals for Health & Wellness

17. Nutrition Education *

	Fully in Place	Partially in Place	Not in Place
8. Schools will provide nutrition promotion that fulfills the criteria identified in the district LWP. (NS-8, NS-12, HPE-11)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
8a. Nutrition education is integrated across the curriculum.*	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
8b. Nutrition education is linked with the school food environment/cafeteria.*	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

18. Describe Actions Taken for Implementation (include supports and challenges) *

Nutrition Education is provided across school wide curriculum through teachers, food service staff, and PE teachers

19. Data Source for Monitoring *

curriculum and lesson plans



20. Nutrition Promotion

	Fully in Place	Partially in Place	Not in Place	Not Applicable
9. Nutrition promotion using evidence-based techniques, creating food environments that encourage healthy nutrition choices and participation in school meal programs using a comprehensive and multi-channel approach by school staff, teachers, parents/legal guardians, students, and community. (NS-5, NS-8, NS-9)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9a. All schools in the district are Team Nutrition(TN) Schools.*	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9b. TN resources are used to	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Fully in
Place

Partially in
Place

Not in
Place

Not
Applicable

promote
nutrition
throughout
the district. *

10. Promote
healthy food
and beverage
choices and
participation
in school
meal
programs
through use
of marketing
and
merchandisin
g and
through
adherence to
100% of
foods and
beverages
promoted to
students
meeting the
USDA Smart
Snacks in
School
nutrition
standards.
(NS-5, SS-3)



21. Describe Actions Taken for Implementation (include supports and challenges) *

School is a Team Nutrition school with access to resources. Training provided to staff to help promote participation and increase in school meals.

22. Data Source for Monitoring *

Listed as Team Nutrition School, Menus and training agendas, School website

23. Physical Activity *

Full in Place Partially in Place Not in place

11. Schools promote and ensure varied physical activity opportunities such as before, during, and after school; staff environment; and family and community engagement, that are in addition to, and not a substitute for, quality physical education. (PO-8, PA-4, PA-3, PA-2)



12. Physical activity during the school day (including but not limited to recess, classroom physical activity breaks, or physical education) will not be withheld as punishment



Full in Place

Partially in
Place

Not in
place

for any
reason. (PA-6,
PA-7 ES)

24. Describe Actions Taken for Implementation (include supports and challenges) *

daily physical activity breaks during class times and school communicates to staff the importance of physical activity through staff meetings, emails, and handbooks; recess daily for a minimum of 20 minutes or more. All classes also have brain breaks that teachers incorporate into their daily schedule 1-3 times daily. These breaks always involve movement of some kind, often including going outside for a short break. All students take Physical Education weekly for at least the minimum required weekly minutes.

25. Data Source for Monitoring *

Student/staff/parent handbooks and school website; schedules that include physical activity breaks; daily recess times

26. Physical Education

Fully in
Place

Partially in
Place

Not in
Place

13. District will provide students with physical education using an age-appropriate, sequential PE curriculum consistent with national and state standards for PE. (HPE-3)



13a. Fitness testing of students occurs, at a minimum, in grades 2 (height & weight only), 5, 8, and in high school PE course required for graduation. Individual student fitness reports are shared with parents/caregivers.* Per SC Students Health and Fitness Act of 2005



Fully in
Place

Partially in
Place

Not in
Place

13b. Student fitness data is used by the district and schools for instruction planning fitness equipment, and professional development.
*



14. All students will be provided equal opportunity to participate in physical education classes. Appropriate accommodations allow for equitable participation for all students and physical education classes and equipment are adapted as necessary.



27. Describe Actions Taken for Implementation (include supports and challenges) *

PE teachers receive training and professional development annually; PE teachers ensure students with special needs are included and appropriate accommodations are made

28. Data Source for Monitoring *

PE curriculum, training schedules, lesson plans and/or IEPs to allow for accommodations for participation for students with equitable participation

29. Update/Inform the Public

Fully in
Place

Partially in
Place

Not in
Place

15. Annually, the public is notified about the content and implementation of the wellness policy and any updates to the policy. The name and contact information of the designated officer is publicized with information on how the public can become involved with the wellness committee or obtain additional information on the wellness policy. (PO-3)



15a. The name and contact information of the designated officer is publicized.



Fully in Place

Partially in Place

Not in Place

15b. Information is shared on how the public can become involved with the wellness committee or obtain additional information on the wellness policy.

16. Every three years, the district develops a report that meets the following requirements:
**(PO-3)

16a. All schools' comply with the district wellness policy.

16b. How the district policy compares with state and/or federal model wellness policies.

Fully in Place

Partially in Place

Not in Place

16c. A description of progress towards attaining wellness policy goals.

16d. This report is made available to the public.

17. Records will be maintained to document compliance with the requirements of the wellness policy including items 1,2,3,15, and 16 above.

30. Describe Actions Taken for Implementation (include supports and challenges) *

designated officer's contact information is listed; information shared inviting participation on the wellness committee; LWP checklist completed

31. Data Source for Monitoring *

contact information listed in the LWP and located on the school website; flyers/letters distributed inviting participation in the wellness committee

32. Other School Based Strategies for Wellness

	Fully in Place	Partially in Place	Not in Place
18. SFAs must include, at a minimum, one goal for Other School-Based Strategies for Wellness in the LWP. SFAs must explore the use of evidenced based strategies when identifying goals. (List and report below)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

33. Describe Actions Taken for Implementation (include supports and challenges)

School Wellness members and leaders review participation in activities and healthy lunch choices to change and prioritize goals

34. Data Source for Monitoring

Healthy Generations Report; wellness events and activities throughout the school day and school-sponsored events outside of school hours

35. Optional Goals-School Meals

	Fully in Place	Partially in Place	Not in Place
19. Schools will not use foods or beverages as rewards for academic performance or good behavior. Additionally, schools will not withhold foods or beverages for punishment. Teachers are provided with a list of alternative ideas for behavior management. (NS-10)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
19a. Schools will not withhold foods or beverages for punishment.*	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
19b. Teachers are provided with a list of alternative ideas for behavior management.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

*

36. Describe Actions Taken for Implementation (include supports and challenges)

withholding and rewarding foods and beverages is not an issue; teachers are reminded of ideas for behavior management in meetings and professional development

37. Data Source for Monitoring

staff/student handbooks

38. Optional Goals-Water

	Fully in Place	Partially in Place	Not in Place
20. Free, safe, unflavored, drinking water available throughout every school campus.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

39. Describe Actions Taken for Implementation (include supports and challenges)

Students have access to water fountains throughout the school day and students are allowed to carry water bottles to be refilled. We have partnered with Elkay, who has donated a bottle refill kit to add to one of our current water fountains. We have also purchased an additional bottle refill kit.

40. Data Source for Monitoring

water fountains in 4 separate locations throughout the school; 8 water fountains total

41. Optional Goals: Staff Wellness

	Fully in Place	Partially in Place	Not in Place
21. Schools will offer staff wellness programs such as weight management, health assessments. (EW-1, EW-2, EW-3)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

42. Describe Actions Taken for Implementation (include supports and challenges)

promoting employee health/wellness activities; provide staff with access to free sessions with family health and wellness therapist and free access to "Wondr Health" - a platform that is offered through our health insurance to help staff meet health goals and improve quality of life

43. Data Source for Monitoring

pamphlets and flyers; email communication through our HR department

44. Optional Goals: Community Involvement

	Fully in Place	Partially in Place	Not in Place
22. School will allow community members access to the district's outdoor physical activity facilities before and after school. (PA-8)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
22a. District has adopted the SC School Boards Association's model Open Community Use of School Recreational Areas(KFA) policy.*	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

Fully in
Place

Partially in
Place

Not in
Place

23. School partners with local community organizations, businesses, or local hospitals to engage students and their families in health promotion activities.
(PO-9)



45. Describe Actions Taken for Implementation (include supports and challenges)

The public has full access to our playground and recreational areas during non-school hours; we partnered with our local hospital (Carolina Pines), families and staff for our Family Fitness Night Event; we also partnered with CareSouth to conduct dental screenings and exams via their mobile unit on our school campus

46. Data Source for Monitoring

communication through emails and flyers of community partners for dental screening and exams, along with flyers for Family Fitness Night event

47. Success/Updates from the Past Three Years

Participation in our Family Fitness Night event was a major success in meeting our physical activity goals in our LWP. We also incorporated healthy snacks of fruit for the event to focus on healthy food choices. During this event we partnered with staff, families, and a local hospital Carolina Pines where the dietitian gave us valuable healthy habit flyers to provide to families. At this event, we set up stations where participants played fun physical activity-centered games.

Handwritten scribbles and marks, possibly a signature or initials, located in the lower-left quadrant of the page.